



## STAR HEALING PRAYER

Words to use in your 'heart mind' if desired:

We hold all humanity in the golden light of the Christ Star and see the power of the Son of God working in the hearts of all people.

Pause

We see the light of the Christ Star, through the angels of healing, reaching to all who suffer and inspiring all who seek to relieve suffering.

Pause

We hold all who have asked for help or healing within the healing light of the Star.

Pause

We hold all animals, the world of nature and mother earth herself within this healing light.

May God's blessing be upon this work.

Amen

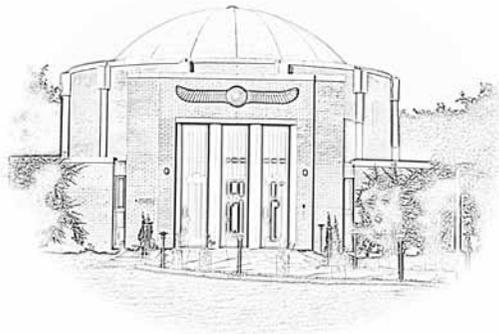
## ABOUT WHITE EAGLE

White Eagle is a wise spirit teacher working with a group of illumined beings in bringing the message of the Star to humanity. He channelled the teaching contained in the White Eagle books through Grace Cooke and guided her to open 'The White Eagle Lodge' in 1936. This has now grown into a worldwide network and organisation, with many centres and groups in different countries.

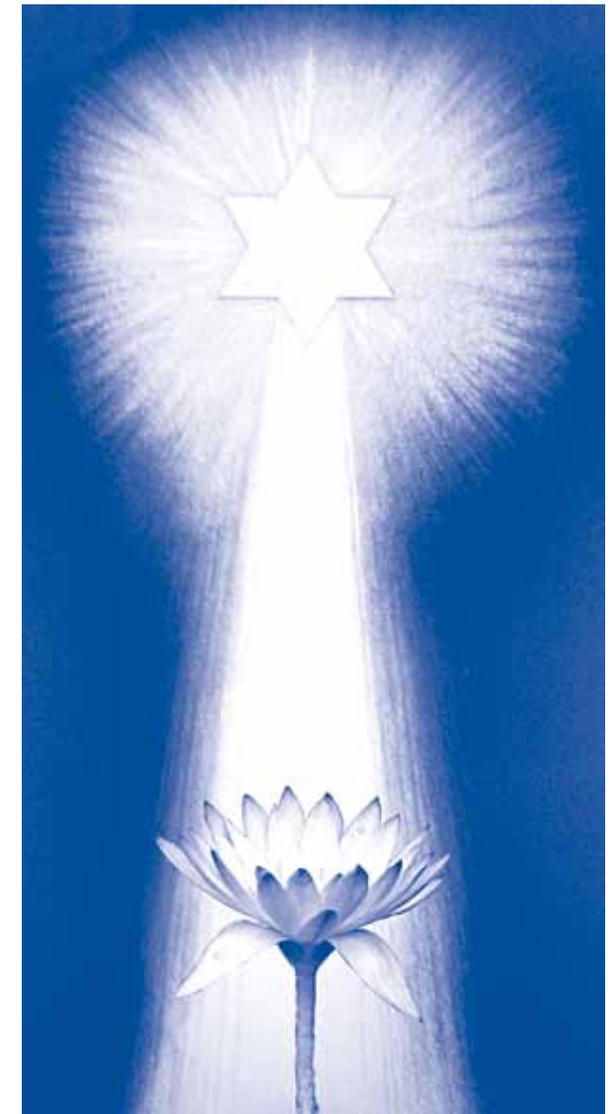
You do *not* have to be a part of the organisation of the White Eagle Lodge to join in its healing work, but if you would like to know more, then free literature and a list of White Eagle publications are available from:-

THE WHITE EAGLE LODGE New Lands :  
Brewells Lane : Liss : Hants : GU33 7HY :  
UK: [www.whiteagle.org](http://www.whiteagle.org)  
[www.whiteaglepublishing.org](http://www.whiteaglepublishing.org)

US: [www.whiteaglelodge.org](http://www.whiteaglelodge.org)  
AUS: [www.whiteaglelodge.org.au](http://www.whiteaglelodge.org.au)



06.15



THERE IS  
SOMETHING YOU CAN DO  
NOW!

Do you worry about many world situations?

Do you feel concerned about the suffering of human beings and of animals?

Do you long to do something to help?

**WHAT YOU CAN DO TO HELP** costs nothing in material terms, and you don't need a great deal of time or training.

What you do need is this:

- Belief in the universal spirit, God and the creative spiritual power in you
- Just a few minutes every day, or several times a day
- Commitment to keep on keeping on every day with a positive attitude

The light and love of God is within every human heart. It is called by some 'the inner light' and by other names in different traditions. White Eagle, the teacher who directs this particular work of star projection, calls it 'the Christ light'.

We focus our efforts to serve by visualising the symbol of a six-pointed star, shining like the sun, and radiating God's healing light to all the world.

Life is made up of vibrations. The six-pointed star, with the triangles seamlessly joined, sets up the highest vibration for good, for compassion, for tolerance and for healing. White Eagle calls it the Christ Star. When focussing on that star through the power of thought, and linking with the angels, we can direct that healing vibration to where there is need.

#### A DAILY TIME FOR THE STAR

Choose a time at when you know you can set aside a few minutes each day, if possible at 3.00, 6.00, 9.00 or 12.00, as these are particularly effective times for star projection.

Close your eyes and take some relaxed, deep, slow breaths.

Think of the symbol of the shining six-pointed star, as described. Imagine as you breathe that with your in-breath you are absorbing God's light, and with your out-breath God's love flows from you.

Relax so that it feels as though you are working from the stillness of your heart, rather than too much effort with your mind.

Be still, link with the angels of the Star and let the light shine out from your heart!

Rest in the silence or use the words of the prayer as written (see overleaf) whichever you prefer.



#### THE POWER OF THE STAR

There is no condition in our world today that cannot be touched, changed and ultimately transformed by the power of the Christ Star magic. Modern day communication gives detailed information and pictures of so many sad or terrible things. We see the face of suffering close up, right in our living rooms. We could feel hopeless, but White Eagle offers us all—everyone, no matter what our physical circumstances, culture or geographical location—a way of service in the front line of suffering and need. There is nothing more powerful than the Christ Star magic directed with the love of the heart and the 'God-will' of the higher mind.

A part of the power of the Star is that through this symbol a connection is made with the great angels of the Christ Star who help the magic happen.

The Star goes direct to the heart to bring inner comfort.

- **It relieves pain and distress**
- **It eases the sorrow of bereavement**
- **It inspires those who administer aid and it helps ensure the aid gets where it is needed**
- **It inspires leaders of thought and those who have the power to make changes**
- **It connects with angelic power.**